## Take a kayak tour on Great Bay

SPECIAL TO THE BEACH NEWS

STRATHAM | Outdoor enthusiasts are invited to join the Sandy Point Discovery Center staff on one of several scheduled summer kayak tours to explore the Great Bay Estuary, New Hampshire's "Secret Coast."

Each summer the Center offers kayak instruction, all kayaking equipment, kayak guide and naturalist on kayak trips out into Great Bay. The trips, which are ideal for adults and families with children age 13 and older, fill up very quickly, so call to register or for more information. No previous kayaking experience is neces-

The trips being offered this year are as follows:

Salt Marsh Exploration — Saturday, July 30 (9 a.m. to 12 noon), and August 20 (10 a.m. to 4 p.m.). Explore one of the most productive areas in Great Bay, the salt marsh. Paddle along the shores of Sandy Point and the Squamscott River to view an osprey nest, and venture up a hidden tidal creek while heading back to shore.

Sunset Birding — Saturday, July 16 (5-8 p.m.) August 13 (5-8 p.m.) and August 27 (5-8 p.m.) Join the staff for an evening and head out from Sandy Point at dusk to search for birds that inhabit Great Bay in the summer. Participants will be looking for herons, egrets, osprey, and waterfowl and other species while exploring the salt marshes of the Bay and the mouth of the Squamscott

Oyster River Odyssey -July 23 (1-5 p.m.) and August 6 (12-4 p.m.). This tour launches from the Scammel Bridge in Durham and paddles up the beautiful Oyster River from Little Bay. The scenic Wagon Hill Farm, as well as the many small tidal streams, will fill the afternoon with estuarine discoveries. Participants will also explore Goat Island and hear about the famous hermit.

The cost for each kayak trip (which includes instruction and equipment) is \$18 for Great Bay Stewards members; \$25 for non-members; \$15 for those who bring their own kayak; and \$12 for children ages 13-17. Trips are all scheduled for Saturdays. If the weather is unfavorable (high winds, heavy rain, thunderstorms) the trip will be rescheduled for the following Sunday. A Sandy Point staff member will be in touch in case of cancellation.

Due to the high demand of these trips, participants can register for only one trip but can be put on waiting lists for other trips. Please call (603) 778-0015 to register or for more information or email kayak@ greatbay.org. The Sandy Point Discovery Center is located just off Route 33 in Stratham at 89 Depot Road. The center is the educational facility for the Great Bay National Estuarine Research Reserve, funded by NOAA and administered by NH Fish and Game.

Apple Hill - Route 107 in East Kingston, NH. 18-holes, public course, (603)642-4414.

Breakfast Hill Golf Club - The newest upscale public golf course on the Seacoast is now open at 339 Breakfast Hill Road, Greenland, NH. 18-hole championship course, driving range, green fees & cart specials available. (603) 436-5001

Far Corner Golf Course - A Cornish-designed 27- hole championship course, just 30 minutes from the Seacoast. Located on Main Street, West Boxford, MA. (978) 352-

Highland Farm Golf Club - At 301 Cider Hill Road, York, Maine. Public course, 9 holes. (207) 363-4677.

Kingston Fairways Golf Club - Route 107, Kingston, NH. Open to the public. Beautiful walking course (golf carts available). Watered fairways. 18-hole course. Proper attire required. 642-7722.

The Links at Outlook - Outlook Golf Club, #10 Route 4, South Berwick, Maine. Public welcome. 18 holes. (207) 384-GOLF (4653).

Portsmouth Country Club - Country Club Drive, Greenland. Semi-private course, 18 holes. (603)436-9719. Pease Golf Course — 200 Grafton Drive, (off I-95) Portsmouth NH. 18 holes. www.peasegolf.com.

### Par 3 Courses

Apple Hill Golf Club - Route 107 in East Kingston. Par 3 nine hole course built by Brad Booth. Sign up now for Junior Program. Call for details, (603) 642-4414.

### MINIATURE GOLF COURSES

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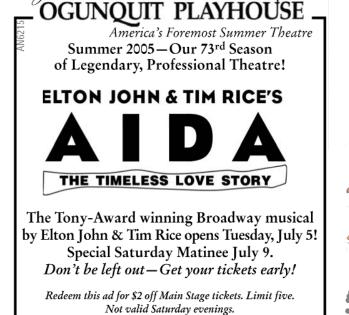
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